



**DALLAS ARBORETUM**  
**AND BOTANICAL GARDEN**

**FOR IMMEDIATE RELEASE**

**Photos available upon request**

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**Kick off 2018 with exciting culinary classes, chef demonstrations and special events at A Tasteful Place**

**DALLAS, Texas – Winter 2017** – The Dallas Arboretum is inviting all foodies and those wanting to eat healthfully to kick off 2018 at its newest garden, A Tasteful Place, featuring 3.5 acres of vegetables, herbs and fruits along with spectacular views of White Rock Lake and the downtown Dallas skyline. Guests can enjoy special events and learn how to grow, harvest and cook produce in a healthy way via demonstrations, classes and personal interactions with experts.

Dave Forehand, Dallas Arboretum's vice president of gardens, said, "Everyone needs a little motivation to get back on track with a healthy diet after the holidays, and A Tasteful Place provides a variety of exciting opportunities for friends and family to come out and learn about the importance of fresh food and how to prepare it."

Another motivation to kick off the new year is discounted admission in January. For the entire month, general garden admission is \$5 when purchased at the main gate. Parking is \$15 at the gate, or \$9 when purchased online.

**A Tasteful Place Activities:**

**Seasonal Tastings**

**Daily, 10 a.m. - 4 p.m.**

**Ruthie Pack's Tasting Plaza**

Guests can try three assorted samples of recipes made from items currently growing in the garden such as pak choi, cilantro, onion, garlic, brussel sprouts, broccoli, cauliflower, celery and lettuce.

## **Cooking Demonstrations**

### **El Centro College Cooking Connection**

**Presented by the Food & Hospitality Institute at El Centro College**

**Mondays, January 8 - 29, 11 a.m.-12 p.m.**

#### **A Tasteful Place--Test Pavilion**

Participate in a demonstration cooking class, taught by chef instructors with assistance from students who attend El Centro College's nationally-recognized culinary institute. This session is designed to refine kitchen skills and showcase seasonal produce found in A Tasteful Place. Free to garden guests, thanks to El Centro College, a part of Dallas County Community College District. Check the website regularly for weekly topics.

### **Just a Taste**

Enjoy a demonstration by local food vendors. Guests may purchase the product at the end of the demonstration. All demonstrations are held in A Tasteful Place--Test Pavilion.

#### **Sharae Rogers, LBD Bakery**

**January 6, 10:30 a.m.-12:30 p.m.**

Join Sharae Rogers of LBD Bakery for this exclusive paleo baking demonstration. Watch, taste and learn how to create a delicious classy, clean sweet treat that is grain-free, dairy-free, and free of refined sugar.

#### **Texas Ale Project**

**January 12, 1-3 p.m.**

Guests can enjoy sampling a variety of beers from the Texas Ale Project. (Samplings only; no products are for sale, due to TABC laws).

#### **Stocks & Bondy**

**January 14, 11 a.m. - 2 p.m.**

A new and unique concept focusing on providing home cooks, local chefs, and caterers with healthy, classic and modern stocks and sauces.

#### **Petals & Stems**

**January 16, 10-11 a.m.**

Enjoy a floral demonstration with Petals & Stems.

#### **Dr. Delphinium**

**January 18, 11 a.m.-12 p.m.**

Enjoy a floral demonstration by Dr. Delphinium.

### **Manhattan Beer Project**

**January 20, 1-3 p.m.**

Sample a variety of beers from the Manhattan Beer Project. (Samplings only; no products are for sale, due to TABC laws).

### **Brothers Products**

**January 23, 11 a.m.-12 p.m.**

Sample family-made hummus, gourmet dips, spreads and products. Brothers Products' mission is to share the wonderful flavors of Mediterranean food with all consumers.

### **Pure Chocolate**

**January 25, 11 a.m.-12 p.m.**

Watch one of Dallas's premier chocolatiers, Zach Townsend, reveal the secrets to creating sumptuous chocolate ganaches at home and how ganaches can be used to create decadent chocolate desserts.

### **SAVOR Pâtisserie**

**January 28, 11 a.m.-12 p.m.**

Join Kelli Watts, founder of Savor Pâtisserie, for a delectable macaron demonstration.

### **Chef-Tastic!**

Renowned chefs take center stage in the demo kitchen, creating special dishes featuring seasonal vegetables from the garden. Registration is suggested.

Visit <http://www.dallasarboretum.org/named-gardens-features/a-tasteful-place> for more information.

### **Chef Uno Immanivong, Chino Chinatown and Red Stix**

**January 9, 11 a.m.-Noon.**

Chef Uno gets her inspiration from "barrios Chinos" and has created a destination specializing in the collaboration of Asian and Latin cooking flavors, cooking styles and techniques.

### **Chef Ryan Olmos, CiboDivino**

**January 10, 11 a.m.-1 p.m.**

Watch Chef Olmos create a delicious menu featuring:

- \* Chili and ginger pak choi with tahini butter
- \* Radish and cilantro slaw with pickled serrano and lemon
- \* Wilted baby kale, sweet potato, pecorino, toasted garbanzo beans and fresh orange

**Chef Lydia Gonzalez, Café Savorista**

**January 17, 11-1 p.m.**

Chef Lydia is passionate about bringing the native ingredients of Latin America into her cooking.

**Cooking Classes (pre-registration and payment required)**

**Let's Get Cooking**

**January 14, 3 to 5 p.m.**

**A Tasteful Place--Test Pavilion**

**\$65**

Chef Valerie Jacobs offers a cooking class in which participants can watch, listen, laugh, learn and enjoy a generous sample of each item prepared. Experience new techniques, recipes or perhaps a new cuisine in a fun and entertaining way.

**Winter Soups with Rachel Gaffney**

**January 24, 11-1 p.m.**

**A Tasteful Place--Test Pavilion**

**\$65**

Join Rachel Gaffney in the kitchen as she simmers up some heartwarming soups. Learn how to make creamy leek and potato soup and a hearty carrot and coriander soup. The soups are served with crusty bread, smeared with Kerrygold Irish butter and sprinkles of Irish Atlantic sea salt.

**Nutrition Classes**

**Cindy Kleckner, RDN, LD, FAND**

**Culinary Registered Dietitian Nutritionist**

**January 19, 11 a.m.-12 p.m.**

Cindy Kleckner has a passion for teaching culinary skills to anyone wanting a healthier lifestyle. Join Cindy as she unlocks the mystery of translating the science of nutrition into practical solutions to help motivate behavior change.

**Dinner Tonight!**

**Presented by Texas A&M Agrilife Extension Service**

Mulling over what to make for dinner tonight, and what veggies are in season? Discover healthy recipes from Master Wellness volunteers with Texas A&M Agrilife Extension Service--Dallas County.

**January 21 at 10 a.m.**

**February 18 at 10 a.m.**

## **Special Events**

### **Let's Brunch (Adults Only, 21+)**

**Presented by Taste Buds Kitchen, Southlake**

**Saturday, January 20, 11 a.m.-1 p.m.**

**A Tasteful Place--Test Pavilion**

**\$75**

Unwind with a sweet and savory homemade brunch. Guests learn how to put a fresh spin on brunch staples with sweet and spicy bacon to complement French toast sticks and homemade eggs Florentine. Guests are encouraged to bring their own champagne to make mimosas. Orange juice will be provided.

### **Midnight at the Masquerade**

**Garden to Table Dinner/Murder Mystery**

**Saturday, January 27, 6-9 p.m.**

**A Tasteful Place--Test Pavilion**

**\$125 per ticket, must be purchased in advance**

Get ready for a glamorous evening of mystery, intrigue and murder. The rustle of silk and feathers under muted conversation was probably the last thing heard by the tragically and unexpectedly deceased. With a mystery under each feathery façade, unmasking the killer may be quite a challenge. It's up to guests to determine which partygoer is guilty, bring this criminal to justice and save the party. Trade clues with guests, gather information and solve the crime before the masked menace gets away, all while eating an unbelievable meal in the most beautiful setting. Masks and evening wear are highly recommended.

### **Chocolate Lovers Unite**

**Presented by TasteBuds Kitchen, Southlake**

**Sunday, February 11, 1-3 p.m.**

**A Tasteful Place--Test Pavilion**

**\$65**

Crazy about chocolate? Make chocolate recipes from A to Z in this tasty hands-on class. Participants learn how to prepare a mix of savory and sweet recipes such as mole chili and chocolate croissants.

### **Valentine's Steakhouse**

**Presented by Taste Buds Kitchen, Southlake**

**A Tasteful Place--Test Pavilion**

**Wednesday, February 14, 6:30-8:30 p.m.**

**\$75**

Surprise a Valentine with a romantic date and make a delicious steakhouse menu. With easy recipes to complement mouth-watering 8-ounce steaks, guests learn to make a red

wine reduction and pair it with a traditional bleu cheese wedge salad and truffle mashed potatoes. Guests are welcome to bring a favorite bottle of wine or other beverage of choice.

All 2018 activities in A Tasteful Place are sponsored by DTPID.

**About the Dallas Arboretum and Botanical Garden:**

The Dallas Arboretum and Botanical Gardens is located on the southeastern shore of White Rock Lake at 8525 Garland Road, Dallas, Texas 75218. The Dallas Arboretum is also the home of the internationally acclaimed Rory Meyers Children's Adventure Garden. The Arboretum is open daily from 9 a.m.-5 p.m. General admission is \$15 for adults, \$12 for seniors 65 and older, \$10 for children 3-12 and free for Arboretum members and children two and under. **From January 2-31, general garden admission is \$5. The Rory Meyers Children's Adventure Garden will be closed Jan 1 - February 24 for preventative maintenance. On-site parking is \$15 or \$9, if purchased in advance online.** The Dallas Morning News is the principal partner of the Dallas Arboretum. The Arboretum is supported, in part, by funds from the Dallas Park and Recreation Department. WFAA is an official media sponsor for the Dallas Arboretum.

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